

# Surgery-free way to age gracefully

TURNING back the clock has never been easier, thanks to a new range of non-surgical fixes that aim to take the pain and long recovery times out of cosmetic skin treatments.

One treatment making waves is the Astarte Threadlift, which promises to counter the effects of gravity and lift sagging skin by boosting the skin's natural scaffolding systems.

"It's nearly as good as, or better than, a (traditional) facelift," says Dr Buddy.

"The risks are minimal and it gives a nice, natural look rather than the plastic look of some surgical lifts."

#### How does the Astarte Threadlift work?

Ageing, rapid weight loss and even illness can cause loose and sagging skin, particularly around the brows, eyelids, jaw and neckline.

The Astarte threadlift works by inserting specially made, dissolvable threads into the dermis or support system of the skin.

"These anchor skin upwards and outwards and lift up the skin," says Dr Buddy. The threads also boost collagen and elastin production, so that as the threads dissolve, a new, self-supporting collagen structure takes its place.

#### Who does it suit?

Because it is a non-surgical treatment, threadlifts are popular options for those who want a stopgap between in-salon anti-ageing treatments and a traditional surgical facelift, with popular areas including the face, brows, neck, jowls and, increasingly, stomach.

Usually only one treatment is needed,

although those with severe sagging can opt for a series of sessions. "We have been doing the Threadlift in a couple of stages and the results have been amazing," he says.

#### What does it involve?

After an initial consultation, lines are drawn on the skin indicating where the threads will sit.

The process is performed in the clinic under local anaesthetic, and Dr Buddy says patients can expect the same level of discomfort as for Botox or other fillers.

#### How long do results last?

In addition to the lifting effect, Dr Buddy says patients usually see improved skin firmness, colour, tone and texture. Treatments usually take about an hour, with mild bruising and tenderness for up to seven days.

Results usually last three to five years, with extra or "touch up" threads added as necessary.

### WHAT YOU NEED TO KNOW

**Who:** MD Cosmedical Solutions by Dr Buddy Paul Beaini MB, BS (UNSW), DCH, FACAM

**What:** Non-surgical aesthetic and plastic surgery treatments in cosmedical medicine.

**Where:** Clinics in Sydney CBD (Sheraton on the Park Hotel); Wahroonga and Canberra.

**More:** [mdcosmedicalsolutions.com.au](http://mdcosmedicalsolutions.com.au) or 1300 885 808

## Facial Uplifting with Astarte Threads mini facelifts



### The revolutionary new Absorbable Thread Lifts

Absorbable Thread Lifts are a minimally invasive non-surgical procedure for facelifts and redefining the aging facial contours. Unlike facelift surgery, Thread Lifts have minimal downtime & bruising, no scarring and results appear natural. Thread Lifting is a simple in-clinic 30-60 minute procedure performed under local anesthetic. Results begin immediately & continue to improve with time.

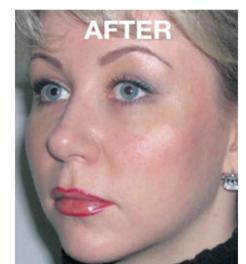
The Threads have tiny barbs that gently anchor sagging skin into the desired uplifted position. These patented threads are absorbable, meaning that once placed in position, they gradually dissolve. Concomitantly the threads create collagen forming supportive scaffolding to sagging skin with results lasting up to 5 years. These amazing new mini face lift threads offer an excellent alternative to conventional facelifts.

### new non-surgical 60 minute mini facelifts

#### Absorbable Threads Advantages

- Face & Neck Lifting
- Brow lifting
- Jawline & Chin Contouring
- Wrinkles Reduction
- Tighten Skin Laxity
- Cheek Volume Replacement
- Facial Asymmetry Correction

All treatments performed by Cosmetic Physician **Dr Buddy Paul Beaini** MB, BS. (Uni NSW) DCH. Member of ASCM



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**FREE CONSULTATIONS**