



genital

Non-invasive VAGINAL RESTORATION

INTRODUCING A NEW TREATMENT FOR VAGINAL AND BLADDER REJUVENATION AT MD COSMEDICAL SOLUTIONS IN SYDNEY: THE APHRODITE. **CAITLIN BISHOP** REPORTS.

Sydney cosmetic physician Dr Buddy Paul Beaini is now offering a new modality for vaginal and bladder rejuvenation. The Aphrodite gynaecology treatments use laser energy to help improve gynaecological health, boost sexual satisfaction and relieve stress incontinence.

Women experiencing vaginal dysfunction – in the way of dryness or discomfort during intercourse, leaking of the bladder when sneezing, coughing or laughing, or persistent irritation and inflammation – often put the symptoms down to the inevitable effects of ageing. Now, with advancements in laser technology, the Aphrodite offers a non-surgical method for rejuvenating the surrounding muscles and improving vaginal and bladder function.

What can Aphrodite treat?

Aphrodite laser treatment can effectively treat a wide range of gynaecological indications. It can:

- Tighten the vagina and vulval vestibule
- Reduce vaginal atrophy
- Enhance the appearance of pigmented vulva
- Improve post-delivery vaginal alterations
- Improve stress urinary incontinence or “weak bladder”
- Normalise vaginal discharge
- Reduce vaginal burning sensation and/or itching

Improving form & function

As a woman's body experiences childbirth or as a result of natural ageing, the tissue surrounding the vagina can become weakened, resulting in a condition known as vaginal relaxation. This can be uncomfortable, and might lead to deterioration of the functionality of the vagina and decrease in sensations leading to sexual difficulties or dissatisfaction.

One such condition is vaginal atrophy, which is accompanied by a set of aggravating symptoms that tend to worsen over time. Symptoms include vaginal dryness, burning sensation, vaginal discharge, genital itching, burning with urination, and decreased vaginal lubrication during sexual activity.

‘ Aphrodite laser treatment can relieve vaginal atrophy symptoms, rejuvenating the vaginal tissues and improving function ’

Vaginal atrophy occurs most often after menopause, but it can also develop during breastfeeding or at any other time body's oestrogen production declines.

Aphrodite can also address changes in the vagina after childbirth. Pregnancy and, more importantly, labour and vaginal delivery, are the factors most often associated with the loss of sensation and deteriorate the vaginal tissues. Post-delivery, the vagina can become less tight, with poor tone, strength, control and support. Aphrodite laser vaginal rejuvenation results in a tighter, more elastic and rejuvenated vagina.

Aphrodite treatments can relieve vaginal atrophy and related symptoms, rejuvenating the vaginal tissues and improving the function of the vagina, as well as enhancing the aesthetic appearance of the vaginal area.

Bladder restoration

Stress urinary incontinence is the involuntary loss of urine caused by the weakened tissues supporting the urethra as a result of childbirth or the normal ageing process. It is a common and embarrassing problem for many women and is characterised by the leakage of small amounts of urine with activities that increase abdominal pressure such as laughing, coughing, sneezing, exercising and lifting.

Aphrodite laser vaginal rejuvenation strengthens the tissues supporting the bottom wall of the urethra. The non-surgical approach through the vaginal canal with the laser handpiece offers an enhanced thermal and shrinkage effect on the endopelvic fascia, ligament and mucosal tissue of the anterior vaginal canal to improve stress urinary incontinence.

Aphrodite laser treatment is a safe and revolutionary treatment of vaginal laxity and disorders, and the treatment of stress urinary incontinence. There is no surgery, no general anaesthesia, has minimal downtime, and is performed by Dr Beaini and his expert team of medical practitioners at MD Cosmedical Solutions clinic.

The non-surgical laser treatment is a hallmark procedure in the newly established field of cosmetogynaecology, offering a convenient walk-in, walk-out treatment that rejuvenates the vaginal tissues with minimal discomfort and downtime. **csbm**