



New approach to rejuvenation

IT'S NOT often talked about, but menopause and childbirth can often leave 'down there' in less than shipshape condition.

Dryness, itching, loss of sensation and even stress incontinence can all be indicative of a bigger problem.

The good news is, as part of the growing field of cosmogynaecology, an increasing number of treatments are tackling these issues head on.

There are now non-surgical options to rejuvenate the area, with no pain and little downtime. "They're revolutionary treatments that couldn't be done previously without surgery," says Dr Buddy Paul Beaini, director of MD Cosmedical Solutions.

What are the Aphrodite treatments?

Dr Buddy's clinics offer two treatments, which can be performed separately or together.

Aphrodite vaginal rejuvenation aims to reduce post-labour and menopausal symptoms such as dryness, itching, burning and reduced sexual sensation by strengthening and rejuvenating the surrounding area. The Aphrodite bladder restoration targets the one in three women who suffer from stress

WHAT YOU NEED TO KNOW

Who: MD Cosmedical Solutions by Dr Buddy Paul Beaini MB, BS (UNSW), DCH, FACAM

What: Non-surgical aesthetic and plastic surgery treatments in cosmological medicine.

Where: Clinics in Sydney CBD (Sheraton on the Park Hotel), Wahroonga and Canberra.

More: mdcosmedicalsolutions.com.au or 1300 885 808.

urinary incontinence. The result of weakened pelvic floor muscles, it causes urine to leak during activities that put pressure on the abdomen, such as coughing, sneezing, heavy lifting and exercise. "It's embarrassing and uncomfortable," Dr Buddy says.

How do the Aphrodite treatments work?

During pregnancy and childbirth, the tissue around the vagina expands and weakens, while decreasing oestrogen levels associated with menopause or

breastfeeding can cause thinning, drying and inflammation that worsens over time.

The Aphrodite treatments use laser heat to tighten the fascia, ligaments and surrounding tissues and promote collagen growth.

In the case of bladder restoration, a similar method is used to strengthen the tissues supporting the bottom wall of the urethra.

What do the treatments involve?

After a consultation by the clinic's team of female nurses and specialists, a probe is inserted that emits laser pulses to the affected area.

Treatments are performed in the clinic, and neither procedure requires general anaesthetic. "It's practically painless and no downtime is required afterwards," Dr Buddy says.

How long do the effects of the treatment last?

Each treatment takes about 20 minutes, and a course of three treatments two weeks apart is recommended in the first instance. After that, it is recommended that patients come in every 12 to 18 months or as required for top-up treatments.



One in three women suffers from stress urinary incontinence.



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Aphrodite

VAGINA TREATMENT

Vaginal Laxity and degeneration occurs with childbirth and ageing. The following symptoms may be experienced:

- Loose vagina and reduced sensation
- Vaginal dryness, discharge or itching
- Painful or uncomfortable intercourse
- Discolouration and dryness of the labia

Aphrodite non-surgical laser medical treatments have instant results.

The procedures involve a series of four 20 minute treatments which are painless and have no downtime, and giving you a life changing health improvement.

* REVOLUTIONARY * VAGINAL LAXITY LASER TREATMENT



WEAK BLADDER LASER TREATMENT



Aphrodite

BLADDER TREATMENT

Stress Urinary Incontinence (SUI) is the involuntary loss of urine caused by the weakened tissues that support the urethra as a result of childbirth and ageing.

- SUI occurs in 1 in 3 women
- Deteriorates with age and menopause
- Urine leakage with cough, laughing, sneezing, lifting, sex and exercise.

Aphrodite treatments are a revolutionary new laser medical treatment that strengthens the tissues supporting the bottom wall of the urethra, and therefore reducing Stress Urinary Incontinence.



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