

Mini-facelifts without surgery

SYDNEY COSMETIC PHYSICIAN **DR BUDDY BEAINI** SAYS THE ASTARTE THREAD LIFT IS A MAJOR ADVANCEMENT IN NON-SURGICAL FACIAL ENHANCEMENT. AIMÉE SURTENCH REPORTS.

There's been a move towards treating the signs of ageing with a series of non-surgical treatments instead of more aggressive surgical options. A thread lift fits this bill perfectly, offering a minimally invasive way to lift sagging features and create a fresher, more contoured and youthful appearance.

With the ever-increasing aesthetic advancements, Sydney cosmetic physician Dr Buddy Beaini from MD Cosmedical Solutions Clinics says the key to outstanding results (where you look years younger) is tailoring a skin treatment program for each individual patient.

'A major recent advancement is the development of the Astarte Absorbable Threads,' Dr Beaini explains. 'The Astarte Thread Lift bridges the gap between the "softer" beauty salon type of anti-ageing treatments and the radical aggressive surgical facelifts.'

He says the concern with 'softer' beauty salon treatments is that they often don't achieve the patient's expectations because the results may be minimal. Conversely, the concern with surgical facelifts is that results may not look natural, there may be an overcorrection, there are risks of scarring, infection, nerve paralysis, lopsidedness, and there is a long downtime.

'Patients are now opting for real results, but without the risks and downtime that are involved with radical surgery. Astarte Thread Lifts offer a non-surgical solution for face lifting – excellent results with no incisions, no scars and minimal downtime,' says Dr Beaini.

Astarte Threads have been available in Australia since 2012, and have been successfully used in hundreds of thread lift procedures. MD Cosmedical Solutions has been using the Astarte Threads for over 18 months and Dr Beaini has been seeing significant results. 'Our procedure is tailored to each individual and their face lifting and rejuvenation

What can Astarte Threads treat?

- Face lifting / neck lifting / skin tightening
- Reposition sagging cheeks
- Brow lifting
- Marionette lines correction
- Jowling correction
- Lip lines reduction and lip shaping
- Adjusting facial and brow asymmetry

requirements,' he says. 'The unique Astarte Thread Lift technique is adaptable, enabling me to customise treatment to the patient's needs. This procedure has been very well received, with excellent patient satisfaction since its implementation within our clinics.'

According to Dr Beaini, these new revitalising threads are very different to the older threads that were used in the past. The new threads (unlike the conventional smooth threads) have small soft barbs (also known as cogs) that resemble a fishbone. When inserted just under the skin the cogs cling to the facial soft tissue, gently lifting the tissue and thereby providing a new support scaffolding that lifts and holds the tissue in place. These new threads rebuild the support structure of your skin from within.

The threads dissolve within nine to 12 months, while the long-term benefits of the thread lift will typically last for three to five years. 'Over a period of nine to 12 months the Astarte Threads dissolve – but before dissolving they produce fibrosis that in turn creates a new support scaffolding of collagen for the skin,' Dr Beaini explains. 'This new scaffolding can lift and support the thread lift for many years to come. In addition to the lift effect, the thread lift creates new skin firmness that assists with improved skin colour, skin tone and texture.'

The procedure itself takes between 30 to 90 minutes, and the results can last between three to five years in most individuals. Extra, or 'touch-up', threads can easily be added at any time within or after this period.

'The Astarte Thread Lift preserves the natural contours of the face, so that the results are more subtle and natural looking,' says Dr Beaini. 'The results are achieved without hospitalisation, without scarring and with a minimum of downtime. In fact, you can return home within a few hours and resume normal activities after a few days. The major advantage of absorbable threads is that they will not impact on any future procedures (should you wish to have further thread lifts or other lifts in years to come).'

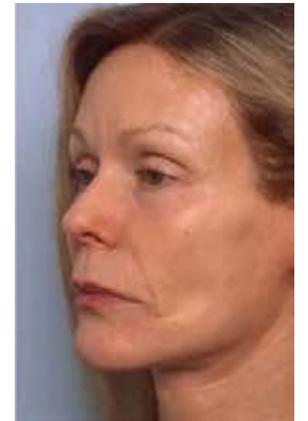
Generally speaking, the best candidates for this procedure are women and men in their 30s to 70s who don't want, don't need, or are unable to have a traditional surgical facelift but long for a more youthful appearance.

'The procedure has a good safety profile, is effective, requires no general anaesthesia and has a short downtime of around three to five days,' says Dr Beaini. 'There are also no risks of surgical scars or facial nerve paralysis which may occur with traditional facelift surgery. And the cost effectiveness of a Thread Lift is obviously an advantage.'

'I believe Absorbable Astarte Threads are an excellent addition to the facial rejuvenation treatment repertoire. An Astarte Thread Lift gives natural uplifting and rejuvenation results which can be "topped-up" at any time, and which do not interfere with any future face treatments,' Dr Beaini concludes. **csbm**



BEFORE



AFTER Astarte Thread Lift by Dr Beaini



BEFORE



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BEFORE



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