

LOW IMPACT HIGH RETURN

DR BUDDY BEAINI SAYS COMBINATION TREATMENTS USING THERMAGE CAN SIGNIFICANTLY IMPROVE A PATIENT'S APPEARANCE WITHOUT SURGERY. JESSICA RULE REPORTS.

Dr Beaini from MD Cosmedical Solutions in Sydney believes patients will be pleasantly surprised with the non-surgical solutions to rejuvenate an ageing face he offers. 'By combining the latest Thermage CPT with Fraxel re:store laser in a treatment program, a patient can look up to ten years younger,' he says. 'These excellent outcomes are partly due to the major upgrade from the predecessor Thermage NXT, which we used for over four years, to the new Thermage CPT.'

Technological advancements

Thermage CPT is an advancement of the older Thermage systems, designed to deliver superior results and greater patient comfort. 'In my opinion, the new Thermage CPT system represents a leap forward in skin tightening and contouring technology,' he says. 'The core of the new system, which uses the proprietary "Comfort Pulse Technology", constitutes a vibrating handpiece for more comfortable and effective treatments. Figures suggest the new system offers 25 percent more effective treatment than the previous system.'

As a result, according to Dr Beaini the Thermage CPT delivers a more comfortable treatment, at higher treatment levels, therefore resulting in better and longer lasting results.

Thermage CPT uses patented monopolar radiofrequency technology to help tighten existing collagen and stimulate the production of new collagen within all skin layers as well as the collagen strands within the subcutaneous tissue.

'In my experience, Thermage is the only technology that can penetrate the skin to these levels and hence deliver excellent skin tightening and lifting,' says Dr Beaini.

The advantages

'I believe Thermage CPT technology is the "gold standard" treatment for non-surgical facelifting and skin tightening,' says Dr Beaini. 'The multiple advantages are that only one treatment is required in most individuals; the treatment only takes around 60 to 90 minutes; there is typically no downtime; and the results last between three to four years in most individuals.'

Dr Beaini explains that his patients love the new system because they can see initial improvements during the treatment and have a positive sensation of skin tightening before they leave his clinic. Results continue to improve over the next six months or so post treatment.



TURNING BACK THE YEARS

Dr Beaini says Thermage CPT offers an excellent tool for anti-ageing. 'By improving the density of collagen, it improves the structure of the skin and hence its tone and elasticity,' he explains. 'Therefore Thermage slows down the ageing process in the skin with respect to skin laxity and elasticity. When combined with Fraxel re:store, the anti-ageing results are synergistic and the results can be significant for the right candidate. I have achieved results that make the quality of a patient's skin five to 10 years younger.'

'When used in combination, Thermage CPT and Fraxel re:store laser work synergistically to restore surface collagen and elastin into the skin, hence making the skin healthier, tighter and with restored elasticity. Secondly, while Thermage primarily lifts and tightens skin, Fraxel reduces sun damage, pigmentation, acne scars, injury scars, skin pores, stretch marks, and dark under-eye circles for a more refined complexion.'

Dr Beaini says Thermage is suitable for any parts of the body in need of skin tightening. 'By far, the most popular is the face and neck – for non-surgical brow lifting, face lifting, jowl tightening and neck skin tightening,' he explains. 'The next most popular is tummy tightening, while other areas include the underarm, knees, buttocks, thighs and hands.'

According to Dr Beaini, the most suitable patient generally has slight to moderate skin laxity (looseness) and is between the ages of 30 to 70. 'Having said this, I have satisfactorily performed Thermage on clients up to the age of 88 years old,' he explains. 'For older clients, however, they will likely have limited but satisfying results lasting for approximately two years.'

Thermage has a very high safety profile and offers no downtime when performed by experienced doctors. 'At MD Cosmedical Solutions, we have performed over 2,000 treatments with a 100 percent safety record,' he says. 'However, in inexperienced hands there is a small risk of swelling, redness, and mild short-term blistering. It is very important for prospective patients to do their research and only have treatments with experienced cosmetic medical practitioners.'

Dr Beaini says many of his clients have the treatment performed as a lunch-time procedure and comfortably return to work immediately after treatment.

'I am enthusiastic about the possibilities for patients thanks to the new Thermage CPT system and the combined opportunities with Fraxel re:store laser. We can now shave years off a client's appearance without them going under the knife, while keeping their look natural at the same time,' he says. 'Even better for the patient, we can offer this with minimal discomfort, minimal risk and minimal downtime. I believe Thermage CPT is definitely the way of the future.'