



SPOTLIGHT ON

THERMAGE CPT AT MD COSMEDICAL SOLUTIONS, SYDNEY

NOVEMBER 6, 2014 | LISA HUNT

Ageing sucks – it's not just fine lines and wrinkles that we're forced to declare war on but sagging, good God, the sagging! As we get older the structural support of our deeper (fascial) layers of skin begin to weaken and our surface skin bears the brunt – cheeks droop, jowls appear and our necks become crepey and wobbly.

After a stint of wearing super tight ponies, and spending hours pulling my cheeks up and down sobbing '*before, after, before, after*' – I knew there had to be something (beyond skincare but not as rash as injectables and surgery) that could help me on my quest for the super tight skin that I had in my early twenties.

Hello Thermage CPT! The wonder treatment my face was searching for.

You may have heard of Thermage – Demi Moore's Charlie's Angels transformation in 2003? Yep, Demi had Thermage to thank for that! Gwynie Paltrow's youthful plumpness, merci Thermage. The treatment is responsible for Hollywood's A-Listers looking younger and younger and well, lets be frank, who doesn't want a piece of that?

So on discovering Thermage CPT by iNova Aesthetics, I made an appointment at [md cosmedical solutions](#) in Sydney for a consultation with the incredibly beautiful and youthful looking Vicky 'um, your skin please, Vic!' I was told that my skin scored top points for my age, but also assured that the areas I obsess over would be greatly improved by the treatment. During my consultation, I was educated on the science behind Thermage and how it improves skin slackening by delivering radio-frequency energy into the deeper layers of the skin.

Facial Thermage CPT typically targets sagging areas in a non-invasive way to produce a skin-tightening reaction via a stimulation of new collagen in deeper layers of the skin. Best suited to those with moderate ageing signs (30+), Thermage CPT is a non-surgical treatment with no down time – some patients continue to see results as far ahead as two years following the treatment.

With no prep required, I returned two weeks later to give it a go. First up a reference grid (this acts as a guide for Thermage delivery to ensure no overlapping of heat) – the grid was temporarily marked out on my face and neck. A moment of fun was had pretending to be Hell Raiser, and then my very friendly nurse got to it.

Gel was slathered over my face and neck and the device then began delivering controlled RF energy into my collagen. Now, I'll be honest, Thermage has the capacity to make you writhe, especially on areas with minimal fat (temples, jaw etc) – it's not the most pleasurable feeling in the world, comfortable warm sensations are often followed by peaks of intense spasm-like pain. But it is bearable, and the age old mantra '*no pain, no gain*' gets you through. That, and a helpful stress ball given to you on the treatment bed. The vibrating Thermage wand (lets call it a wand – after all it is magic!) also confuses nerve-endings to help lessen pain.

The whole process was very quick – about an hour and a half – so before I knew it it was over. Hurray! Maximum results will show at around six months, as the formation of new collagen occurs – but hey, who's counting? Okay, okay, I am. I've already received compliments on how good my skin looks and I'm noticing my face getting plumper daily. Stay tuned for my before and after pictures – I'll check in in six months time to show you my personal results.

In the meantime see below some incredible before and after shots of patients who have had Thermage CPT at [md cosmedical solutions](#):



Thermage CPT is the gold standard in non-surgical facelifts & skin-tightening treatments ... Excellent results, long lasting, non-surgical & no downtime.

After safely & effectively performing over 5,000 Thermage treatments, I can testify that this is one of the most amazing cosmedical treatments of the 20th Century.” Dr. Buddy P. Beaini, Mb. Bs. DCH. Member of ASCM

Prices vary depending on areas covered but can range from between \$1500 – \$3000. For more information or to book in for a consultation at [md cosmedical solutions](#) call 1300 885 808.

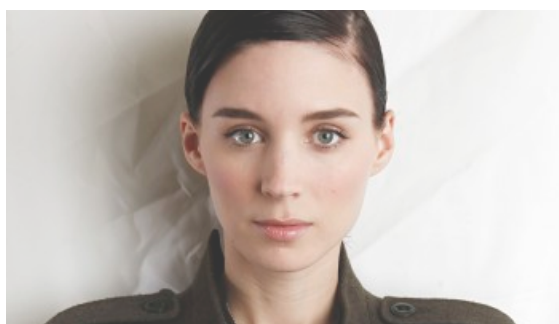
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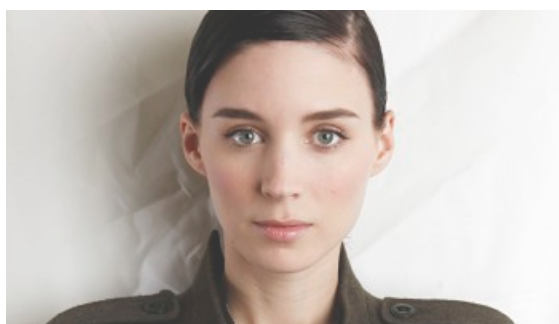
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