



Put your best face forward

POLLY SIMONS

WHEN it comes to looking your best, there are few things more ageing than a wobbly double chin.

Not only can a turkey neck add years, it can also add unnecessary kilos - and nobody wants that.

"If your face and chin look good, it gives the impression the rest of your body is good too," says Dr Buddy Beaini, director of MD Cosmedical Solutions. "A chin is something you can't hide."

But whereas once upon a time your only option to get rid of it would be pricey liposuction performed under a general anaesthetic, increasingly, non-surgical mesotherapy is being touted as a safer and less painful alternative for getting rid of unsightly fat bulges.

"It's non-invasive, there's no discomfort and the downtime is minimal," says Dr Beaini. He tells us more about the procedure:

WHAT DOES MESOTHERAPY INVOLVE?

After an initial consultation, tiny micro-injections of a natural soy extract, phosphatidylcholine, are delivered under local anaesthetic into the subcutaneous layer of

fat that underlies the skin. "It's injected into the double chin and destroys fat cells," says Dr Beaini.

The destroyed fat cell by-products are then excreted from the body via urine and stools.

While mesotherapy can be performed anywhere on the body there is excess fat, including treating baggy eyes, man boobs, love handles, bra bulges and saddle bags, Dr Beaini says the chin is by far the most popular area for the procedure.

"Everyone wants to reduce their double chin because it makes you look unhealthy, overweight and aged," he says, adding that he has been performing the treatment for more than a decade.

WHAT RESULTS WILL I SEE?

Depending on severity, most people require a series of two to three sessions, which are usually held a month to six weeks apart.

"You might have some pinkness and tenderness straight afterwards, but you can usually go straight back to work," says Dr Beaini.

Expect to see a reduction in droopiness and a more defined jawline about three weeks after



FAST FACTS

Who: MD Cosmedical Solutions by Dr Buddy Paul Beaini MB. BS (NSW Uni). DCH. FACAM

What: Non-surgical aesthetic treatments and plastic surgery treatments in cosmedical medicine

Where: Clinics in Sydney CBD (Sheraton on the Park Hotel), Wahroonga, Canberra and Perth

More: mdcosmedicalsolutions.com.au or 1300 885 808

your first mesotherapy session, with further improvements as treatments continue.

Most patients can expect to lose an average of one to three centimetres per session in some areas, such as the abdomen.

Better yet, provided you keep your weight in check with a healthy diet and regular exercise,

the results are permanent - meaning you no longer have to make your excuses every time someone whips out a camera or sidles up to you for a selfie.

HOW MUCH DOES IT COST?

MD Cosmedical Solutions is offering a first mesotherapy treatment for \$400 until June 30.

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*awarded Australia's thermage leaders and fraxel specialists

- pigment & freckles
- sun damaged skin
- brow droop & hooding
- ageing skin
- wrinkles
- dark eye circles
- acne scars
- jowl & neck laxity
- lip lines & pores
- face lifting

Before makeover

After makeover



NEW Thermage CPT

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only ONE 60 minute treatment

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Actual MD Cosmedical Solutions patient



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All treatments performed by Dr Buddy Beaini (MB. BS. DCH. Member ASCM) and his cosmetic medical team*

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