



Minor surgeries, major results

SYDNEY COSMETIC PHYSICIAN **DR BUDDY BEAINI** SAYS LESS CAN DEFINITELY BE MORE WHEN IT COMES TO COSMETIC ENHANCEMENT SURGERY. CAITLIN BISHOP REPORTS.

Minimally invasive options for facial rejuvenation can help reverse the signs of ageing and waylay the need for surgery. Sydney cosmetic physician Dr Buddy Beaini is experienced in delivering a comprehensive range of cutting-edge minor surgical treatments for his patients. In particular, thread lifting, blepharoplasty and bat ear correction (otoplasty) are minimally invasive procedures that can achieve significant results.

'Minimally invasive procedures are key to rejuvenating the appearance and reversing the signs of age for individuals of all ages,' says Dr Beaini. 'When selected appropriately and used in combination, minimally invasive procedures can make the patient look five to 10 years younger.'

With a range of light therapies, minor surgeries and injectables at his clinic, Dr Beaini takes a personalised approach with every patient. He will work with a range of modalities to ensure the best result for each individual.

'Patients of all age ranges have been consulted and treated with excellent results,' he says. 'With the current

advanced technology and techniques, facial rejuvenation has developed dramatically, giving patients the options to look and feel younger without the need for major surgery.'

'During consultation, I ask my patients to describe their main concerns and I will outline the advantages, disadvantages, success rates, downtime and budget involved with a number of relevant treatment options,' Dr Beaini adds. 'For those patients who are less specific, and are hoping to look younger, fresher, rejuvenated or "happier", I make an assessment of how we can improve the patient's overall image and appearance.'

Thread lifting

Signifying a minimally invasive way to lift the skin, threads can be used to lift the brow, face and neck, as well as reposition the cheeks, reduce the jowl and enhance the lips.

The procedure involves inserting dissolvable threads into the skin's dermis, or support structure, to trigger the



synthesis of collagen and elastin at the site. The threads act as scaffolding for the production of these new connective fibres, lifting and bolstering the tissue for an anti-ageing and rejuvenating effect.

'I have been performing mini-facelifts and neck lifts with threads over the past two years,' Dr Beaini explains. 'We have seen exceptional face lifting and rejuvenation results in more than 95 percent of our patients.'

Thread lifting is suitable for those patients hoping to reverse the descent of facial soft tissue associated with ageing, or to waylay the need for a surgical facelift. It is performed under local anaesthetic, and incurs some mild swelling and possible bruising post-procedure.

'Thread lifting is commonly used to address mid-face drooping, deep cheek wrinkles, deep nasolabial lines, excessive jowling and neck laxity,' Dr Beaini explains. 'Other concerns include brow droop, facial asymmetry and loss of cheek positioning.'



BEFORE



AFTER Astarte Thread Lift by Dr Beaini

Eyelid hooding surgery

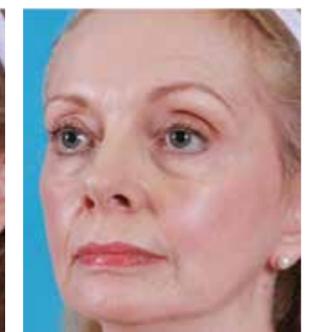
'When we look at an individual's face, our attention first focuses on the eyes, and any abnormality or asymmetry,' Dr Beaini explains. For this reason, blepharoplasty – or eyelid hooding surgery – can achieve significant results in rejuvenating the entire face.

The procedure involves excising excess fat and skin from the upper and/or lower eyelids to open the eyes for a fresher, more alert appearance. The day surgery is performed under local anaesthesia, and can be used in conjunction with other treatments such as brow thread lifting, non-invasive skin tightening and laser skin rejuvenation.

'If an individual has droopy, tired and ageing eyes, the first impression is that the individual is sad, tired or unwell,' says Dr Beaini. 'Eyelid surgery is a very effective and long-term solution for such individuals, and automatically has the effect of revitalising the entire face.'



BEFORE



AFTER Astarte Thread Lift by Dr Beaini

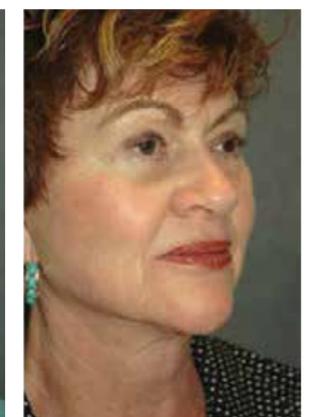
Bat ear correction

Dr Beaini offers a permanent non-surgical treatment to correct and reshape protruding ears (bat ear correction). He performs the procedure with a mild sedative and local anaesthesia; no hospitalisation, general anaesthetic or surgical incisions are required.

'Any abnormality and asymmetry in facial appearance will attract attention, which is particularly relevant to individuals with bat ears,' Dr Beaini explains. 'These patients were born with this problem and, in most cases, are burdened with underlying emotional issues relating to the appearance of their ears. The joy and relief they experience once their ears are corrected makes this treatment extremely desirable.' **csbm**



BEFORE



AFTER Astarte Thread Lift by Dr Beaini



BEFORE



AFTER blepharoplasty by Dr Beaini