



# Solution a small snip away



MORE than half the adult population will require eyelid hooding surgery at some stage of life, making it one of the most common cosmetic treatments around.

Also known as blepharoplasty, the procedure is often done out of medical necessity, while others choose it as a way of giving their eyes a wider, fresher and more youthful appearance.

**What is eyelid hooding surgery?**

The minor surgical procedure involves trimming excess skin which droops over or under the eye. A local anaesthetic and a mild sedative is administered, before a small incision is made in the crease of the upper eyelid. Folds of skin are selectively removed before the incision is stitched up.

**Who is it for?**

Ladies will often seek the treatment in their 40s or 50s for aesthetic purposes, says Dr Buddy Paul Beaini, director of MD Cosmedical Solutions. "A lot of ladies complain that they can't put their eye makeup on properly when their skin loses elasticity," he says. There are also older patients who seek the treatment out of medical necessity. "This group is an equal mix of men and women who find the overhang becomes so bad that it's an obstruction or creates a heaviness over the eyelid," Dr Buddy says. A third group of patients consists of younger women of Asian descent who wish to change the crease of their eyes.

**How long does it take?**

The surgery takes just over an hour, and patients are free to drive home immediately afterwards. "There's no pain afterwards," Dr Buddy says. "The patient can hide behind sunglasses for about a week while the area is a little red and bruised, but after a week it's easy to hide with makeup." Within four or five weeks, the scar becomes practically invisible.

**How long does it last?**

Eyelid hooding surgery is a long-term solution, lasting about 15 to 20 years, depending on the condition of the skin.

**Why choose a cosmetic surgery clinic?**

Advances in techniques have made eyelid hooding surgery a simple clinic procedure. "Our procedure involves less downtime and we use a local, rather than general anaesthetic," Dr Buddy says. "You reduce your chances of getting a hospital superbug, and there are no general anaesthetic fees and hospital fees." Depending on age and severity, eyelid hooding procedures at MD Cosmedical Solutions usually cost between \$2500 and \$3500.

**FAST FACTS**

**Who:** MD Cosmedical Solutions by Dr Buddy Paul Beaini MB. BS (NSW Uni). DCH. FACAM

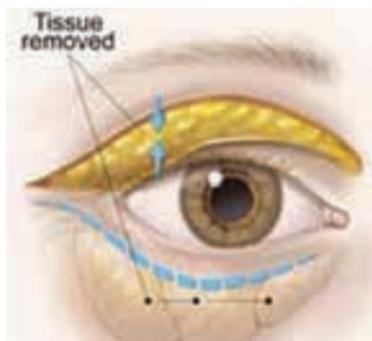
**What:** Non-surgical aesthetic treatments and plastic surgery treatments in cosmedical medicine.

**Where:** Clinics in Sydney CBD (Sheraton on the Park Hotel); Wahroonga and Canberra.

**More:** [mdcosmedicalsolutions.com.au](http://mdcosmedicalsolutions.com.au) or 1300 885 808.



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Eyelid Hooding Reduction Procedure



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