



A stitch in time

ERINA STARKEY

THESE days, you don't need to undergo major surgery for big improvements to your skin.

In fact, one of the cosmetic industry's most sophisticated treatments needs only a needle, not a knife. It's called the Aptos Thread Lift, and the minimally-invasive treatment works to lift and tighten skin, with many comparing results to a facelift.

"The new revolutionary third generation Aptos Thread Lift takes the face, neck and brow lifts to a highly advanced level," says cosmetic physician Dr Buddy Beaini from MD Cosmedical Solutions. Dr Buddy is considered Australia's thread lift specialist, having performed thousands of procedures in the last nine years.

"We've introduced the Aptos Thread Lift to cater for the increasingly popular demand by patients for effective non-surgical solutions for ageing, sagging skin." Here's everything you need to know about it.

Suited to:

Thread lifting is commonly used to address drooping and sagging brows, excessive jowling, neck laxity and loss of cheek positioning. "The best candidates for this procedure are both women and men in their 30s to

70s, who long for a more youthful appearance, but don't want, or are unable to have, a traditional facelift," says Dr Buddy.

What's involved:

After numbing with a local anaesthetic, special dissolvable threads are inserted into the dermis, lifting and anchoring the skin upwards and outwards. As the threads dissolve, the skin reacts by producing collagen and elastin, resulting in a new self-supporting skin structure. The procedure takes 30-60 minutes to complete, depending on the number of areas treated. "The procedure is simple, comfortable and requires no incisions," explains Dr Beaini.

New threads:

First developed in the '90s, the thread lift has had a makeover of its own, thanks to new, hi-tech threads. "Unlike the traditional smooth and unidirectional threads, the third-generation Aptos threads contain absorbable bi-directional barbs that result in a better grip on the skin tissue," Dr Buddy says. Also, the threads and results are much longer lasting. "Aptos threads slowly dissolve over an 18-24 month period, lasting much longer than any other dissolvable threads. During this period, the threads are helping to create the patient's own collagen naturally," he says.

Results:

After the treatment, patients will instantly look younger and fresher, with results improving over the next two years, lasting up to five years. "The results are a natural lifting and tightening of the facial skin tissue, with improved contours, skin elasticity and skin texture," says Dr Buddy.

Recovery period:

The downtime and recovery period is brief, with most patients back to normal activity or work in 1-3 days. "The risks are very minimal and include mild bruising, infection, and tenderness for several days," says Dr Buddy.

FAST FACTS

Who: MD Cosmedical Solutions by Dr Buddy Paul Beaini MB. BS (NSW Uni). DCH. FACAM

What: Non-surgical aesthetic treatments and plastic surgery treatments in cosmedical medicine

Where: Clinics in the Sydney CBD (Sheraton on the Park Hotel), Wahroonga, Canberra and Perth

More: mdcosmedicalsolutions.com.au or 1300 885 808

beautiful transformations

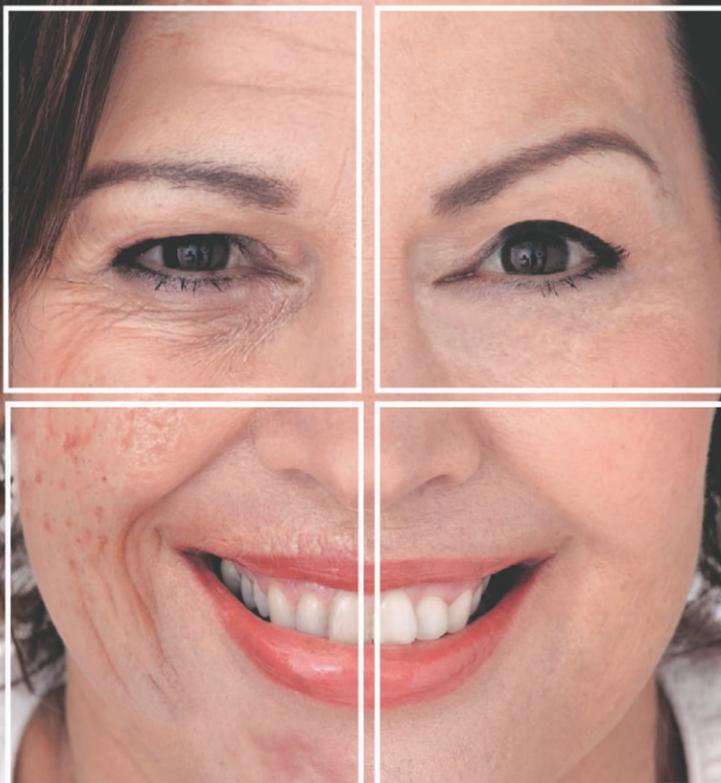
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- pigment & freckles
- sun damaged skin
- brow droop & hooding
- ageing skin
- wrinkles
- dark eye circles
- acne scars
- jowl & neck laxity
- lip lines & pores
- face lifting

Before makeover

After makeover



NEW Thermage CPT

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only ONE 60 minute treatment

- non invasive skin procedure requiring no surgery or injections.
- suitable for face and brow lifts, skin tightening of neck, arms and tummy.
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- 94% patient success rate (reference ASLMS study 2005) 450,000 treatments worldwide.

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- non invasive treatments that can dramatically improve your skin and removes years from your appearance.
- remarkable results with little or no discomfort or disruption to daily life.
- specialised medical treatment for acne scars, pigment, lip lines, sun damaged skin, stretch marks, ageing skin, wound scars.

Actual MD Cosmedical Solutions patient



Brought to you by MD Cosmedical Solutions - Australia's Leaders in Thermage & Fraxel Laser Clinics
All treatments performed by Dr Buddy Beaini (MB. BS. DCH. Member ASCM) and his cosmetic medical team*

Website www.mdcosmedicalsolutions.com.au
Enquiries info@mdcosmedicalsolutions.com.au
Online Shop www.cosmedicalsolutions.com.au

P. 1300 885 808

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